

Summer 2022 Group Programming Pre-CanSkate/CanSkate & Pre-Power



▪ **Pre-CanSkate/CanSkate:**

For ages 3+ working on stages 1 to 4 of the CanSkate program. The CanSkate program focuses on basic skating skills and fundamental movements such as how to go forward, go backward, stop, turn, spin and jump. This program emphasizes fun and continuous movement, giving the best foundation for all ice sports such as figure skating, hockey, ringette, speed skating or recreational skating.

Dates/Times	# of Weeks	# of Sessions	Location	Cost
July 18th-21st Monday to Thursday 5:00-5:45pm	1	4	Cooperators Arena	\$88
Aug 15th-18th Monday to Thursday **Times vary** Mon: 4:15-5:00pm Tues: 3:45-4:30pm Wed: 4:15-5:00pm Thurs: 3:00-3:45pm	1	4	Cooperators Arena	\$88

Registration Opens: May 24th at 8:00 am for Members
& May 27th at 8:00 am for Non-Members.

Members registered in a program from Sept 2021 – June 2022 will receive a link to the priority registration

▪ **Pre-Power:**

Geared towards young skaters ages 4-7 interested in hockey or ringette. This program helps develop basic skating abilities in a power skating-specific environment, including balance skills, forward and backward skating, stopping, turning and agility skills. Skaters must wear full equipment (including sticks).

Dates/Times	# of Weeks	# of Sessions	Location	Cost
July 4th-7th Monday to Thursday 6:15-7:00pm	1	4	Cooperators Arena	\$88



▪ **Additional Fees:**

All skaters are required to have an annual Skate Canada Membership. **These Memberships are valid each year from Sept 1-Aug 31.** All new skaters will be charged an annual Safe Sport fee and Participant Accident Insurance fee in addition to the Skate Canada Membership. The \$43.65 will be added to your cart at the time of check out in the online registration system, unless you have previously purchased this season's membership.

Item	Information	Cost
Skate Canada Membership	Mandatory Annual Fee Valid Sept 1-Aug 31 (per registrant)	\$40.00
Safe Sport Fee		\$3.00
Accident Insurance		\$0.65
Total Membership Fees:		\$43.65